

# **Welcome to Dun Laoghaire Institute of Art, Design and Technology**

## **Pre-arrival Information for Incoming Erasmus Students at IADT**

### **WELCOME TO IRELAND**



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## **WELCOME TO IADT**

Welcome to IADT. We would like welcome to all international students who are joining IADT, especially those joining us as part of the Erasmus programme or the Ciência sem Fronteiras / Science Without Borders programme.

## **ERASMUS PROGRAMME**

Erasmus is the EU's flagship education and training programme, enabling two hundred thousand students to study and work abroad each year, as well as supporting co-operation actions between higher education institutions across Europe.

Studies show that a period spent abroad not only enriches students' lives in the academic field but also in the acquisition of intercultural skills and self-reliance. Staff exchanges have similar beneficial effects, both for the people participating and for the home and host institutions.

IADT is happy to be part of this great exchange network within Europe and to offer foreign students a possibility to attend programmes run at IADT.

### **Contact Details:**

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Erasmus Coordinator  
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## **IADT: DUN LAOGHAIRE INSTITUTE OF ART, DESIGN AND TECHNOLOGY**

At IADT we welcome students from different backgrounds and with differing life experiences. It is our aim that there should be no barriers to student learning for students who meet our entry criteria and have the ability and determination to succeed on our programmes.

It is our intention that students learn to be active and independent explorers of knowledge. We aim to equip our students with the skills of creativity, innovation, problem solving, entrepreneurship, and communication.

We offer all visiting students:

- An opportunity to study in one of our two Faculties (Faculty of Film, Art and Creative Technologies; Faculty of Enterprise and Humanities).
- Participation in the Institute's and Dublin area cultural events.
- Support in acquisition of intercultural skills and self-reliance while studying with us.

## **IADT ACADEMIC CALENDAR**

The IADT Academic Calendar will be emailed to you separately, after you have been offered and have accepted a place in an IADT programme.

## **INDUCTION @ IADT**

On your arrival at IADT, you will participate in different induction sessions. The Induction introduces students to the various services and systems in operation in IADT, i.e. academic issues such as regulations, enrolment and module registration and issues such as ICT, health services, sports facilities, arts and entertainment. It is also an opportunity to meet Faculty, staff and other students.

Induction is compulsory for all international students and takes place in September and January every year, depending on your starting date at IADT. You will be emailed the date with the academic calendar.

### **CLASS TIMETABLE**

The class timetable will be handed out to all students during your induction sessions or at each Faculty Office. The timetable will contain the lecture, tutorial and laboratory times for each module on an academic programme.

The number of teaching hours per module varies from module to module, depending on the subject being covered and the size of the class. Lectures and tutorials are usually of 90 minutes duration, with laboratory classes lasting for 2-3 hours. Students can expect between 15-23 contact hours per week.

### **STUDENT SERVICES & FACILITIES**

IADT is committed to providing support services in line with best practice as outlined under the Higher Education Authority (HEA) guidelines.

These services include:

- Health Centre
- Student Counselling Service
- Careers Advisory Service
- Access Service
- Writing and Research Skills Service

Our facilities on Campus include:

- Library
- Student Canteen
- Information Communication Technology (ICT) Services
- Banking services

An interesting social life on campus is provided and organised by the Students' Union and a wide range of Clubs & Societies. The annual graduate exhibition, the half-year exhibition, the opening and closing of the Academic Year events on campus make studying at IADT a stimulating experience.

### **STUDENTS' UNION (IADTSU)**

The IADTSU is an organisation of students functioning to ensure quality of education, equality of access, to achieve goals as mandated by the student body of IADT.

Check their website and Facebook page regularly for information on events, etc:

<http://www.iadtsu.ie/>

<https://www.facebook.com/iadtsu>

### **CLUBS & SOCIETIES**

Clubs and Societies are at the core of the IADT student experience. IADT Students' Union cater for all types of sports clubs as well as societies formed around mostly any concept, be it an activity people enjoy taking part in, a demographic or something more abstract.

We have a number of very successful clubs including Athletics, Bootcamp, Climbing, Football, Free-Running, Golf, Juggler, Kickboxing, Rugby, Snow Sports, Surfing,...

And many successful societies including Animation, Anime, Comedy, Computer Games, Drama, Electronic Music, Film, Gothic / Horror, LGBTQSA, Live Music, Mature Students, Musicals, Street Theatre & Juggling,...

The best thing about Clubs and Societies in IADT is that there is always room to start a new one and even those in existence need new people to run them each year. This means anyone can get involved in something they are passionate about at whatever level they want. Please note that the list of Clubs and Societies may be different from year to year.

For more information on the IADT Clubs and Societies, please contact our Students' Union on [clubssocsiadt@gmail.com](mailto:clubssocsiadt@gmail.com) or at **+353 1 239 4646**

## ACCOMMODATION

IADT does not provide any student accommodation on campus. However, we cooperate with a number of local landlords renting out accommodation to our students.

Dun Laoghaire and its neighbourhood offer a wide range of accommodation possibilities for students. You will have to decide yourself if you prefer to rent a studio, to share a house or an apartment with others.

The prices for the accommodation vary but, in general:

- the studios are most expensive and might cost you from €500 up to €1000 a month.
- a single room in a house or apartment shared with others costs approximately from €300 to €500 a month.
- a double room in a house or apartment shared with others costs between €400 and €600 a month.

The deposit for the room would be normally one month's rent and should be returned to you when your rent contract expires.

The best way to book your accommodation is to check [www.propertycheck.ie](http://www.propertycheck.ie) or <http://www.facebook.com/iadtaccomodation>.

Any query on student accommodation can be obtained from:

**IADT Student Union** at **+353 1 239 4646** or at [infoiadtsu@gmail.com](mailto:infoiadtsu@gmail.com)

You are also recommended to use local accommodation websites: [www.daft.ie](http://www.daft.ie) (go to **Lettings**, choose an area - recommended: **South Co Dublin** (Dun Laoghaire, Deansgrange, Monkstown, Blackrock, Glasthule, Foxrock, Glenageary) or [www.rent.ie](http://www.rent.ie)

You can also search in Facebook, as there are some groups re shared accommodation in Dublin.

### Note:

We do recommend that students do not make any payments for a deposit and/or rent for private accommodation before arrival in Ireland.

You should always view the accommodation before signing a lease or paying any money.

If you need any assistance please contact the Student Union or the Erasmus Coordinator.

## INSURANCE

All full-time students in IADT are covered by a personal accident insurance scheme. The scheme is operated by Irish Public Bodies Mutual Insurances Ltd. The fee is covered under the student services charge which all full-time students (or a grant agency on their behalf) pay to IADT at the beginning of each academic year.

Please read the Insurance Information document on the Erasmus page for details of health insurance.

## **IADT HEALTH CENTRE**

The Health Centre provides access to a medical doctor and to a full time nurse.

**Location:** Atrium Building (ground floor, opposite the student canteen)

### Nurse Service

Nursing care includes:

- Psychological Care
- Dressings (e.g. wounds and burns)
- Suture (stitches) removal
- Administration of injections
- Pregnancy testing / Pregnancy Care
- Vaccine advise / Travel / Tetanus / Flu
- Taking bloods / specimens for analysis
- Sexual Health Care
- Health Promotion/education
- Diabetes Care
- Asthma Care

### Doctor Service

The Doctor's surgery times are posted on the door of the Health Centre. Medical services available include normal General Practitioner services plus

- Well Person check
- Family Planning and Cervical Smear screening
- Crisis Pregnancy Counselling
- Pregnancy Care
- Diagnosis, advice and treatment of Sexually Transmitted infections, Male and Female
- Vaccinations
- Stress and Depression

Appointments with the Doctor and Nurse may be made by dropping in to the Health Centre or by contacting the nurses. Please see the sign in the Health Centre door for opening times.

For further information on the Health Service, please log onto

[www.iadt.ie/en/CurrentStudents/StudentServices/Healthcare/](http://www.iadt.ie/en/CurrentStudents/StudentServices/Healthcare/) or check the Student Handbook that you will receive when you arrive in IADT.

## **INFORMATION COMMUNICATION TECHNOLOGY SERVICES (ICT)**

IADT offers an extensive range of computing and audio-visual services to all staff and students.

All programmes in IADT involve the use of ICT resources, from the simplest use for word-processing assignments to state-of-the-art usage. These areas include digital/interactive media, sound engineering, computer animation, CAD, film/video editing, and digital photography. The main hardware platforms used in the Institute include MS Windows based computers, Apple Macintosh and UNIX workstations.

### Reprographics

The ICT Office provides a centralised print and photocopy facility for all students, with printers and photocopiers located in strategic locations throughout the Institute.

### Student Email

The ICT Office provides email addresses for all students. This is the primary email account that any IADT service will contact you throughout the year, i.e. your tutor, programme, School

announcements and the clubs and societies will all contact you using this address. It is therefore very important that you access this account on a regular basis.

Please see [www.iadt.ie](http://www.iadt.ie) for more details on how to access and use this system.

#### Wireless Network

The ICT Office provides a wireless network on campus for those of you who have your own wireless enabled laptops. This network works similar to wireless "hotspots" you would encounter in hotels, cafes, etc.

### **LIBRARY**

The Library, located in the Atrium building, provides information resources and services that will be an essential part of your learner experience. The Library is open throughout the year. Borrow books and videos, view DVDs, use library computers, access electronic resources or simply bring your own laptop and connect it to IADT's wireless network.

Library staff have developed online tutorials which will help you to source materials for assignments and research. Alternatively, you can ask for face-to-face workshops. Please do not hesitate to ask for further details when you visit the LILRC. You can access further information on the LILRC homepage at <http://library.iadt.ie>

### **BANKING SERVICES**

The Bank of Ireland provides an on-campus Banking Service to IADT students and staff. The Bank's Student Officer provides details on the full range of services available.

### **STUDENT CANTEEN**

Breakfast, lunch and early dinner are served Monday to Friday in the student canteen.

During term time meals and snacks are served between:

08:30 - 18:30 Monday to Friday (evenings for vending machine snacks)

09.30 - 13.45 Saturday (when IADT is open)

### **NOTICEBOARDS**

A number of notice boards are located around the Institute. These are used to display official formal information and also general information about various IADT activities, etc.

Each Faculty has a notice board located close to the Faculty office on which official notices are displayed. There are also notice boards for the Library, Students' Union, Clubs & Societies, Academic & Student Affairs, Continuing Education, Part-time students, etc., located in various locations around the Institute.

### **STUDENT LOCKERS**

Lockers are available for allocation to students and are provided on a first-come, first-served basis. You must provide your own locks.

You should clear lockers and leave them open before you leave IADT.

All lockers are emptied and cleaned during the month of August and any contents are disposed of.

## LOST PROPERTY

All losses should be reported in writing to the Caretakers Team. Likewise any articles found should be handed up to the Caretakers. The Caretakers' Office is located at the Institute reception area in the Atrium building. If you have lost something, please check with the Caretakers' Office.

Please take due care with all your belongings, as IADT cannot accept liability for loss or damage to student property.

## SECURITY

IADT will obviously try to prevent theft and losses on campus. However we cannot accept any responsibility in the event of losses or theft of property. You can assist by bearing the following points in mind:

- If you see someone acting suspiciously either on the campus or in buildings, contact the Caretakers Office (Ext. 4660) immediately.
- Be particularly vigilant about bikes. Securely lock your bike to the bicycle racks provided.
- Be careful with money. Keep it with you all the time - but don't carry large sums of money.
- Take normal precautions regarding your personal safety both on and off the campus.
- Look after your locker key carefully.
- Do not leave any valuables unguarded.

## COST OF LIVING

The estimated cost of living for students in Ireland is estimated at approximately €800 - €1000 per month.

## FAQs

Is it possible to get insurance for my belongings when I am in rented accommodation?

Insurance for student possessions is quite limited. The following company provides cover:

[www.cover4students.com](http://www.cover4students.com)

How much will I spend on food?

For food, including some meals bought on campus or in cheaper restaurants, you will probably spend between €70 and €100 a week.

How much will I spend on transport?

The average journey on a bus in Dublin is about €1.60 - €2.20 but weekly and monthly bus tickets can be bought at a discounted price if you have a Student TravelCard. See <http://www.dublinbus.ie/> for more details.

Many students also cycle in Dublin and there are road lanes dedicated to bicycles only. Cycling in Dublin can be quite dangerous, particularly at peak times, so if you do decide to cycle you should wear a bicycle helmet and reflective or bright clothing.

Is socialising in Dublin expensive?

Cinema tickets cost between €7 and €12 depending on what time and where you see the film. Student discounts are usually available during the week on production of a student card. Most cinemas do not offer student rates at the weekend.

Theatre tickets are slightly more expensive. Depending on the venue, entrance fees to nightclubs vary between €7 and €15.

A pint of beer in Dublin costs about €4.50 and a glass of wine costs about €5, however this depends on what bars you socialise in.

Cigarettes are expensive at €8.50 for a packet of 20 but this expense depends on your lifestyle. There is a ban on smoking in the workplace. This means that smoking is now prohibited in bars and restaurants.

## **IMPORTANT DOCUMENTATION**

Before you leave home there are many things to prepare. Please read the following points carefully and make sure you bring the necessary documentation with you to Ireland. Below is a checklist of what you need to bring with you:

- Passport
- Passport photographs
- Health insurance documents
- International student ID and travel card (ISIC)
- Offer letter from IADT
- Phone number of IADT main reception (+353 1 2394000)
- Phone number of International Students contact person (+353 1 2394922)
- Other relevant phone numbers and email addresses
- Money to pay for accommodation
- Personal money

## **IADT & ITS LOCAL AREA**

Getting to Dun Laoghaire and IADT from Dublin Airport

### **Aircoach**

Check [www.aircoach.ie](http://www.aircoach.ie) and look for the Dalkey route, with a stop in Dun Laoghaire. Single Fare is €8 and return fare is €14.

To get from the Royal Marine Hotel in Dun Laoghaire to IADT take the bus 46A and get off the bus in Kill Avenue (2nd and 3rd stops). You will see IADT on your left.

### **Taxis**

A taxi will cost around €50 for 2 passengers and takes approximately 50 minutes.

Please agree the cost of your trip to Dun Laoghaire before you commence the journey from the Airport by taxi.

You might be asked which route you would like them to take. Take the route via the East Link Toll Bridge / Port Tunnel.

Do Not Allow the Taxi Driver to Take the M50 Route! The route via the M50 is twice the distance as the route via the East Link Toll Bridge / Port Tunnel.

If you feel you have been overcharged, get your receipt and we will check with the taxi carriage office. Taxi drivers are obliged to give you a receipt.

Other Public Transport Services to Dun Laoghaire

### **The DART (DUBLIN AREA RAPID TRANSIT) - Train**

You'll be getting a little piece of history when you travel from Dublin to Dun Laoghaire on the DART, as it was the very first commuter line ever in service. The DART runs every 5 minutes during rush hour periods and every 20 minutes normally. Last DART from the City Centre and Bray is usually around 11pm, make sure you don't miss it. More information on [www.irishrail.ie](http://www.irishrail.ie)

## DUBLIN BUS

Dun Laoghaire is serviced by the bus routes below. Nightlink services run every hour on the hour from Trinity College between midnight and 3am.

- Buses - 7, 7a, 8, 45a, 46a, 59, 63, 75, 111
- Nightlink - Route 7N, via Blackrock
- Nightlink - Route 46N, via Stillorgan

## Car

Dublin is surrounded by the M50 motorway, all national roads heading to Dublin are connected to the M50. Dun Laoghaire is located about 4 miles from the southern side of the motorway. The closest National road is the N11. The Dun Laoghaire exists are:

Exit 14 - Southbound route

Exit 17 - Northbound route

From the city centre there are two main options:

- ✓ The N11 and takes you out via Stillorgan, turn left when you get to Foxrock church and head straight for Dun Laoghaire along Kill Lane.
- ✓ Via Blackrock on the R118, you need to take a left at Temple Hill onto the R119 (Monkstown Road) to head for Dun Laoghaire.

You can also plan your route and see a map of your journey on [www.aaireland.ie](http://www.aaireland.ie)

## DUN LAOGHAIRE TOWN

You will find IADT two kilometres away from Dun Laoghaire town, in Kill Avenue, on a fresh, modern campus that is home to over 2000 students and staff.

Dun Laoghaire is seven miles south of Dublin city and has a direct route ferry; 100 minutes from Holyhead in Wales by Stena Line's HSS craft. The town, with its thriving commercial centre, has the advantage of being beside the sea offering magnificent coastal views. Within 15 minutes you can be in Dublin City by DART (suburban rail). Dun Laoghaire, both a Victorian and modern town, has played an important part in the development of Modern Ireland. Its harbour, the largest man-made harbour in Western Europe, was one of the great architectural/engineering projects of the 19th Century and remains an important working port as well as a valuable leisure facility. For over a century Dun Laoghaire was the main sea route between Britain and Ireland. Today Dun Laoghaire is a vibrant exciting place, a mélange of the old and new. It is the administrative centre for the County and has its own Theatre, a Cinema Complex, a Maritime Museum, a Golf Course, on-street shopping, two shopping centres, an excellent public transport system and ample car parking.

Because of its location, Dun Laoghaire makes a perfect base from where you can explore all that's on offer, not only in the immediate area, but in the surrounding areas of County Wicklow and of course, Dublin City. The many bus routes and the DART make it easy for visitors to get around. A short journey into the city centre will connect you to anywhere in the country.

But why travel that far when some of the best views and walks are on the doorstep? Killiney and Dalkey Hills, Vico Road, Dalkey Island and Village and the James Joyce Tower to name a few.

Together with the splendid harbour and surrounding rolling hills, Dun Laoghaire is the ideal place to begin or end your journey through Ireland. It was once called Kingstown and before that the English called it Dunleary. Some people spell it without a space between the two words, Dunlaoghaire or even Dun Laoire, but the way to spell it is Dún Laoghaire.

Dún Laoghaire gets its name from the Irish Translation, Fort (Dún) of Laoghaire. King Laoghaire was the ancient High King of Ireland before the Vikings arrived. When the English came they renamed the

town Dunlary (Dunleary) to suit the English tongue. In 1821 it was renamed Kingstown by King George IV of England to honour his visit to the town that year. It remained Kingstown through Victorian times until in 1921, one year before independence, the town council voted to change the name back to the ancient Irish name Dún Laoghaire. The person most responsible for this was the Irish Martyr Patrick Moran who was commemorated with the naming of Moran Park.

Today in Dun Laoghaire, people still enjoy a stroll along the "Prom", and then down the Pier, stopping off at Teddy's for a Ninety Nine on the way home. Dun Laoghaire has a Wide Range of Activities for everyone, old and young. With the Harbour the center piece of the town, you can be assured of a wide and varied selection of water sports and to choose from. Whether it's speeding through the waves of Dublin Bay and dancing the night away until the wee hours of the morning, strolling through the hills, horse riding, fishing or just taking it easy, Dun Laoghaire has everything on offer. It is also the ideal place to base yourself if your planning a visit to Dublin, or the rest of Ireland. The Tourist Office is at the bottom of Marine Road, by the Harbour.

Log onto:

<http://www.dunlaoghaire.ie/> to find out what is going on in Dun Laoghaire.

[www.dublin.world-guides.com/events](http://www.dublin.world-guides.com/events) to find out what is going on in the city

<http://www.discoverireland.ie/Whats-On> to find out what is going on around Ireland.

## LIVING IN IRELAND

### Geography

Ireland is the most westerly country of the European Union, separated from Great Britain by the North Channel on the northeast and the Irish Sea on the east. Ireland is an island of 84,430 sq. km (32,598 square miles). Its greatest length is 485 km (302 miles), its greatest width 304 km (189 miles), and its coastline extends for over 5,631 km (3,500 miles). The highest mountain is Carrantuohill (1,040 metres/3,414 feet), near Killarney in County Kerry. The longest river is the Shannon (370 km/230 miles). The largest lake is Lough Neagh (396 sq. km/153 square miles) in Northern Ireland.

The country is divided into four historic provinces. Ulster (9 counties) in the north; Munster (6 counties) in the south; Leinster (12 counties) in the east; and Connacht (5 counties) in the west. The population of the 32 counties of Ireland is approximately 5 million.

### Landscape

The landscape varies from bogs and lakes in the central lowlands to mountains and rocky islands in the west. Between these two extremes, the island has abundant lush, green pastureland but little natural woodland.

### Climate

Winters in Ireland are mild and summers temperate due to the prevailing south westerly winds and the influence of the warm waters of the North Atlantic Drift. Ireland has a mild climate all year-averaging 2°- 7°C (35°- 45°F) in winter and 18°- 24°C (65°- 75°F) in summer.

May and June are the sunniest months with an average of over 7 hours of sunshine per day.

However, you will always need a waterproof jacket or/and an umbrella.

### Time Zone

Ireland is in the same time zone as Great Britain, Greenwich Mean Time (GMT). The clocks change twice yearly for summer time. The summer time period starts the last Sunday in March at 1.00am GMT, i.e. the clock goes forward one hour. The summer time period ends the last Sunday in October at 1.00am GMT, i.e. the clock goes back one hour.

### Religion

Ireland is a religious country, with approximately 85% Roman Catholic. Many other religions are respected and represented. There are Church of Ireland, Presbyterian, Methodist and Baptist Churches, as well as Eastern Orthodox and Salvation Army communities. Several American gospel groups are represented as well as Jehovah's Witnesses and Mormons. In addition to the Christian denominations there are centres for Buddhists, Hindus, Bahais and for people of the Islamic and Jewish faiths.

### Currency

The currency of the Republic of Ireland is the Euro (€). Euro notes are in seven denominations: 5, 10, 20, 50, 100, 200 and 500 Euro. There is 100 cent to the Euro and coins are in eight denominations: 1, 2, 5, 10, 20 and 50 cent, and 1 and 2 Euro. As Northern Ireland is part of the United Kingdom, the pound sterling (Stg£) is in use there and denominations are similar to that of the Euro.

### Banking

There are five retail banks in Ireland, the Bank of Ireland (BOI), the Allied Irish Bank (AIB), the Ulster Bank, the National Irish Bank and the TSB Bank. The BOI offers its services on the IADT campus. Most banks are open from Monday to Friday from 10am to 4pm. ATM facilities are available in most towns and villages.

### Credit Cards

All major credit cards (Visa, MasterCard) are accepted practically everywhere in service and retail outlets. Some outlets may accept Diners Club and American Express cards. Most credit cards can be used in ATMs, especially the Bank of Ireland and Allied Irish Bank ATMs.

### Postal Service

Post Offices are open from 9am to 5.30pm during the week and from 9am to 1pm on Saturdays. They offer a full postal service to all countries and often offer banking facilities.

### Electricity

In Ireland, the same as in most parts of Europe, standard electricity voltage is between 220 – 240 volts, and frequency is 50 Hertz. If your electric goods are not suited to work under these conditions, you should buy a transformer. This especially applies to those of you who are bringing your electrical goods from the USA. Buildings in Ireland have sockets for 13 amp square pin fused plugs. Adaptors can be bought in any hardware shop to adapt your plugs to fit 3 pin sockets.

### Telephone

Public telephones in Ireland are coin, card or credit card operated. Card operated telephones take a telephone card that can be bought from newsagents and can be used for several calls until the credit runs out. International phone cards can also be bought from most newsagents.

The international dialling code for Ireland is +353 and the area code for Dublin is (0)1.

Most people in Ireland have a mobile phone and students may purchase a mobile phone on arrival in Ireland. Mobile phone companies in Ireland include Vodafone ([www.vodafone.ie](http://www.vodafone.ie)), O2 ([www.o2.ie](http://www.o2.ie)), 3Ireland ([www.three.ie](http://www.three.ie)) and Meteor ([www.meteor.ie](http://www.meteor.ie)).

### Radio and Television

Ireland has three state controlled television channels, *RTE 1*, *Network 2* and the Irish language *Teilifís na Gaeilge* (TG4), and one privately run channel, *TV3*. There are six national radio stations and many local ones.

British TV channels can be picked up in most parts of Ireland on Cable TV.

### Newspapers and Magazines

Popular national daily newspapers include the *Irish Times*, *Irish Independent* and the *Irish Examiner*. There are also daily tabloid newspapers. Most towns have a local or regional paper, which tell you what's on and where. All good newsagents sell a wide variety of special interest magazines, from sport to business.

### Driving in Ireland

In Ireland, cars are driven on the left-hand side of the road. In towns and cities the speed limit is normally 50 kilometres per hour but on certain roads higher or lower limits may apply. A general speed limit of 100 kilometres per hour applies on all roads except for motorways where a speed limit of 120 kilometres per hour applies.

The laws regarding speeding, drink-driving and wearing seatbelts in Ireland are very strict. There is a penalty point system in operation, whereby points will be added to your driving licence for road safety offences. Full details on all road safety offences can be found at [www.rsa.ie](http://www.rsa.ie)

### Working in Ireland

EU/EEA students are allowed to work in Ireland without restriction on the number of hours or on the type of work. Non-EU students are allowed to work for 20 hours per week during their study period in Ireland. Students may work full time (40 hours per week) during the vacation period.

Before starting employment it is necessary to obtain a PPS number from the **Social Welfare Local Offices**. Dun Laoghaire Social Welfare Office is located in 18/21 Cumberland Street, Dun Laoghaire, Co. Dublin.

Tel: +353 1 214 5540, fax: +353 1 280 3563

www: <http://www.welfare.ie>

Opening Hours: Mon-Fri 9.30am - 4pm.

Applicants will need to present the following documents in person, and fill out an application form:

- Passport + Immigration Card
- Proof of address in Ireland

When your PPS number card is ready it will be posted to your address in Ireland. Generally applications take 10 working days to process.

### Public Holidays

There are 9 public holidays in Ireland each year. Public holidays in Ireland (as in other countries) may commemorate a special day or other event, for example, St Patrick's Day (17th March) or Christmas Day (25th December). On a public holiday, sometimes called a *bank holiday*, most businesses and schools close. Other services, for example, public transport still operate but often with restricted schedules. The main public holidays in Ireland are:

- New Year's Day (1st January)
- St. Patrick's Day (17th March)
- Easter Monday
- First Monday in May, June, August
- Last Monday in October
- Christmas Day (25th December)
- St. Stephen's Day (26th December)

Good Friday is not a public holiday.

## **LEISURE TIME IN DUBLIN**

It is important to take a break from study every once in a while and enjoy the rich social life Dublin has to offer. Temple Bar is a popular area in Dublin city, with many restaurants and pubs. This area, attractive for tourists, is well worth a visit.

### Cinemas

Dublin is well served by cinemas. The Irish Film Institute shows a variety of alternative films, and Cineworld and the Savoy cinemas show the latest films on general release.

There is a Irish Multiplex Cinema (IMC) in Dun Laoghaire, situated in Lower George's Street, Phone: 01 230 1367, Information Line: 01 280 7777, Opening Hours: Mon-Fri 1:00pm / Sat-Sun 12:00pm

Log onto [www.imccinemas.ie](http://www.imccinemas.ie) to find out about admission prices, etc. Bring your IADT student card to the cinema with you at all times, and ask for the student rates.

#### Museums and Art Galleries

Most museums and art galleries can be visited free of charge. Popular choices are the National Gallery of Ireland ([www.nationalgallery.ie](http://www.nationalgallery.ie)) and the Natural History Museum ([www.museum.ie](http://www.museum.ie)) in Merrion Square, the Hugh Lane Municipal Gallery of Modern Art ([www.hughlane.ie](http://www.hughlane.ie)) in Parnell Square, and the Irish Museum of Modern Art ([www.imma.ie](http://www.imma.ie)) and Kilmainham Gaol, both in Kilmainham. Also worth a visit are the Chester Beatty Library ([www.cbl.ie](http://www.cbl.ie)), the National Museum of Decorative Arts and History at Collins's Barracks ([www.museum.ie](http://www.museum.ie)) and Dublin Castle.

Log onto [www.heritageireland.ie](http://www.heritageireland.ie) for more information on museums, art galleries, etc.

#### Theatres

Theatres, such as The Abbey ([www.abbeytheatre.ie](http://www.abbeytheatre.ie)) and Gate ([www.gate-theatre.ie](http://www.gate-theatre.ie)) provide a good variety of plays (an enjoyable way to improve your English). There is also The Pavilion Theatre in Dun Laoghaire ([www.paviliontheatre.ie](http://www.paviliontheatre.ie)). Many theatres offer student discounts on production of a valid student card.

#### Traditional Irish Music

Traditional Irish music can be heard in many pubs and bars in the city. It isn't necessary to drink alcohol to enjoy a night in the pub as soft drinks are also available. Several pubs also specialise in jazz and fusion music, while classical music is available at the National Concert Hall ([www.nch.ie](http://www.nch.ie)) in Earlsfort Terrace and at other venues.

#### Restaurants

Restaurants range widely in price and there are many cheap places to eat, such as pizzerias, pasta restaurants and ethnic restaurants.

#### Nightclubs

There are also plenty of nightclubs in Dublin. For a list of nightclubs log onto [www.dublinuncovered.net](http://www.dublinuncovered.net)

#### Where to find out what is going on!

The quickest way to get information about what's on in Dublin are these websites:

- [www.indublin.ie](http://www.indublin.ie)
- [www.entertainment.ie](http://www.entertainment.ie)
- [www.eventguide.ie](http://www.eventguide.ie)

#### The Ticket

The Friday edition of the Irish Times newspaper has an entertainment section called 'The Ticket' which has full details of events for the week ahead.

## **TRAVEL IN IRELAND**

#### Irish Rail

Inter City Rail Services/Iarnród Éireann also known as Irish Rail - [www.irishrail.ie](http://www.irishrail.ie) - is the only company providing rail services in the Republic of Ireland. There are two main stations in Dublin providing train services to the rest of the country. Connolly Station serves Belfast, Rosslare (for ferry services) and Sligo. Heuston Station serves all other cities including Cork, Limerick, Galway and Waterford. Train services are usually quicker than bus services, especially on longer journeys. There are also Commuter Rail Services operating from Connolly Station to Drogheda, Arklow, and Maynooth and

from Heuston Station to Kildare. While these services can be a bit slow, they serve most stations en route and provide a good alternative to buses.

#### DART (DUBLIN AREA RAID TRANSIT)

This electrically-operated train system serves 27 stations along the coast of Dublin. Running from Howth in the north to Bray and Greystones in the south, it is an efficient way to travel on Dublin's east side.

#### The LUAS

LUAS is a tram service which operates 2 lines. The Green Line connects Sandyford to St. Stephen's Green and the Red Line connects Tallaght to Connolly Station. The Red Line and Green Line do not connect at present. There is a 15-minute walk between Abbey St. on the Red line and St. Stephen's Green on the Green Line. Tickets bought for a journey starting on one line and finishing on the other are valid for the whole journey. Trains run from 5.30am to 12.30am every 7-10 minutes at peak times on the Red Line and every 5 minutes at peak times on the Green Line. Single journey tickets start from €1.50 depending on the length of your journey. A reduction in weekly and monthly fare prices is available if you have a Student TravelCard. Log onto [www.luas.ie](http://www.luas.ie) for more information.

#### Bus Services

**Bus Éireann** - [www.buseireann.ie](http://www.buseireann.ie) - operates a service from Bus, the Central Busáras Station, Store Street, Dublin 1. This is the place where you can get buses to all parts of the country. Information on departure times, routes, cost etc. is available from there. The general passenger information line is open Monday to Saturday 8.30am to 7pm and 9am to 7pm on Sunday and Public Holidays. The number for this is +353 1 8302222. Bus Éireann also operate urban bus services in the Republic of Ireland's other main cities. Radiating principally from the centres of Cork, Limerick, Galway and Waterford.

**Bus Átha Cliath or Dublin Bus** - [www.dublinbus.ie](http://www.dublinbus.ie) - operates an extensive network of bus routes from the city centre to most destinations in the city. Buses in the Dublin area run from 6.30am to 11.30pm approximately, with a reduced service on Sunday. Dublin Bus also runs a service from the Dublin airport to the city centre.

**Nitelink** - Dublin Bus operates an express night bus service from Dublin city centre to a large number of suburban destinations. please log onto [www.dublinbus.ie](http://www.dublinbus.ie) for further information. Details of their services can be obtained from their Passenger Telephone Information Service on + 353 1 8734222. Most of the routes are exact fare only which means that the drivers will not accept money in note form.

**Aircoach** - [www.aircoach.ie](http://www.aircoach.ie) - is a company operating services between Dublin airport's arrivals terminal, Dublin's main hotels/business districts in the city and Dun Laoghaire. They can also make request stops in the city centre.

#### Student Travel Discounts

Full-time students can purchase a Student TravelCard which is valid on Dublin Bus, Iarnrod Éireann rail services, DART, LUAS and Bus Éireann services.

#### Taxis

Taxis are available throughout Ireland. However, they are expensive - ask what the price is likely to be before travelling in the taxi! There is a basic charge of €3.40 between 8am - 10pm and €3.70 between 10pm - 8am.

**APPENDIX 1: EMERGENCY CONTACT DETAILS FORM (PLEASE TYPE ALL INFORMATION)**

**THIS FORM MUST BE SIGNED AND RETURNED TO ELENA SOMOZA IN IADT. TEL: +353 1 2394922, FAX: +353 1 2394700.**

<b>Name:</b>	
<b>Surname:</b>	
<b>ID number (as per your offer letter):</b>	
<b>Date of Birth:</b>	
<b>Term Address while studying at IADT:</b>	
<b>Accommodation Tel:</b>	
<b>Mobile Tel:</b>	
<b>E-mail address you check most regularly:</b>	
<b>Emergency Information:</b> In the event of an emergency. I allow Dun Laoghaire Institute of Art, Design & Technology to contact the following person(s). If a member of your family, please indicate the relationship.	
<b>Name:</b>	
<b>Address:</b>	
<b>Tel (Home):</b>	
<b>Tel (work):</b>	
<b>If my parents/guardians are not available, the following may be contacted:</b>	
<b>Name and Relationship:</b>	
<b>Address:</b>	
<b>Tel (Home):</b>	
<b>Tel (Work):</b>	
<b>Signature of the student:</b>	
<b>Date:</b>	

## APPENDIX 2: MEDICAL FORM

Please complete this form and return it before arriving to Elena Somoza in IADT.  
TEL: +353 1 2394922, FAX: +353 1 2394700.

**DUN LAOGHAIRE INSTITUTE OF ART, DESIGN AND TECHNOLOGY**  
MEDICAL QUESTIONNAIRE  
ANSWERS WILL BE TREATED IN STRICT CONFIDENCE

<b>Name:</b>	
<b>Surname:</b>	
<b>Date of Birth:</b>	
<b>ID number (as per your offer letter):</b>	
<b>Home Address:</b>	
<b>Name and Address of Family Doctor:</b>	
<b>Medical Card No. (if applicable):</b>	
<b>Previous Medical History</b>	
<b>Do you suffer from any physical disability? If so please state its nature.</b>	
<b>In particular, do you suffer or have you suffered from any of the following disorders?</b>	(a) Diabetics (b) Epilepsy (c) Asthma (d) Tuberculosis (e) Skin Rash or Disease
<b>Are you receiving any long-term treatment with drugs or medicines for chronic illness or psychological upsets? If so what are they?</b>	
<b>Have you any other condition which you think might be troublesome while at IADT? Emotional or psychological upsets are particularly important if they have ever affected study or exams.</b>	
<b>Please specify any allergies, or drug sensitivity</b>	

<b>Immunisation, date of most recent inoculations</b>  <b>Diphtheria</b> _____  <b>Polio</b> _____  <b>Rubella</b> _____	<b>Tetanus</b> _____  <b>B.C.G.</b> _____  <b>Others</b> _____
<b>Other comments on health or medical needs</b>	
<b>Medical Certificate Date</b>	
<b>I hereby certify that Mr/Mrs/Ms _____ is in good health and fit to attend programme at IADT, Dun Laoghaire, Co. Dublin, Ireland.</b>	
<b>Signed</b>	